

2017 BANFF-SCT Joint Scientific Meeting

Personalized Medicine in Liver Transplantation

Miquel Navasa Liver Transplant Unit. Hospital Clínic. Barcelona.

Barcelona, March 2017







Universitat de Barcelona

Disclosures

Consultant for

-Astellas

-Novartis

GOALS

To evaluate complications of immunosuppression.

To apply different immunosuppressive regimes according to the problems of the patients.

To personalize medicine according to the profile of the patient.

IMMUNOSUPPRESSION IN LIVER TRANSPLANT

"Tailored" immunosuppression: adapted to each patient according with:

- Risk of rejection
- Risk or presence of adverse effects
- Primary disease

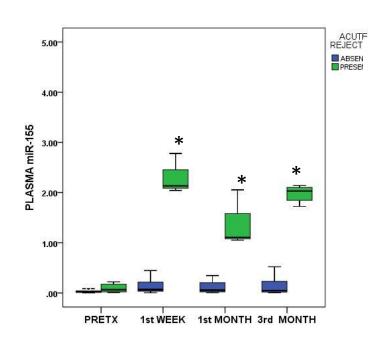
Adapted in relation to:

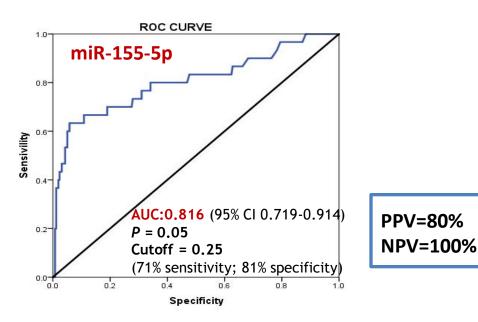
- Immunosuppressor efficacy
- Type of immunosuppressor



2017 Banff-SCT Joint Scientific Meeting

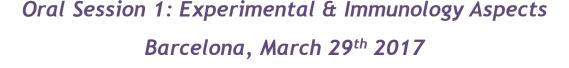
Monitoring miRNA-155-5p expression as biomarker of prognosis and diagnosis of acute rejection in liver transplant recipients





<u>Millán O</u>, Aliart I, Budde K, Bardaji B, Crespo G, Guirado L, Navasa M, Orts L, Ruiz P, Sommerer C, Brunet M.





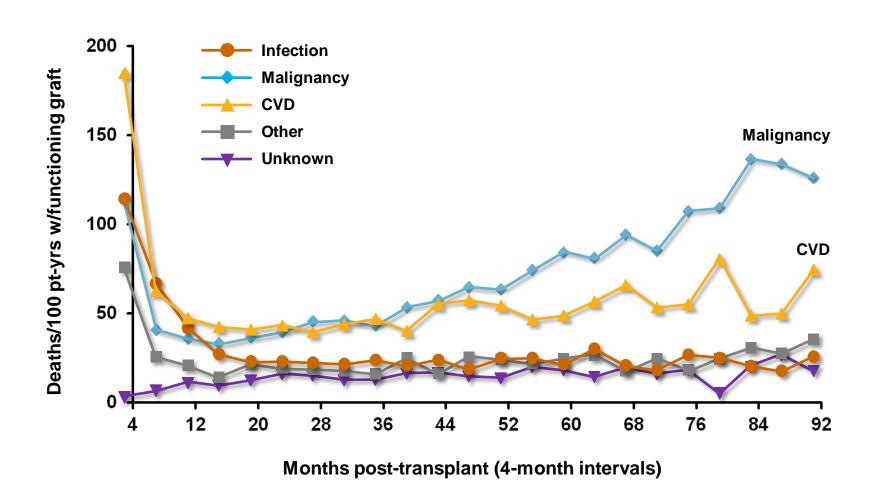


IMMUNOSUPPRESSION AND SIDE EFFECTS

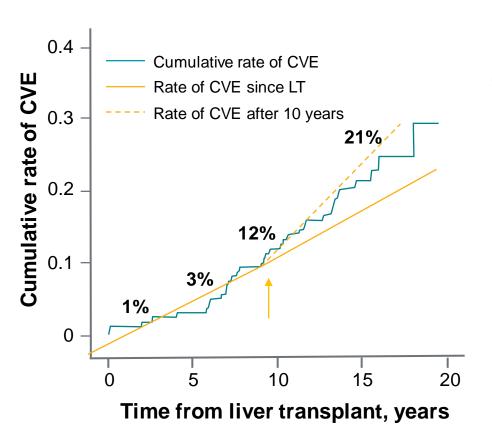
Prevalent side effects with negative impact on survival:

- Infections
- De novo tumors
- Metabolic disorders
- Cardiovascular Disease
- Kidney dysfunction
- Particularly related to CNI and steroids.

Mortality rates, by cause



Risk of cardiovascular events after liver transplantation



Risk factors of CVE, since baseline (10 years from LT)

- Family history of cardiomyopathy
- Indication for LT: alcohol-related cirrhosis
- Renal insufficiency at any time point post-LT

^{*}Cardiovascular events were defined as ischemic cardiomyopathy (myocardial infarction or angina with pathological coronary angiography), cerebrovascular disease (thrombosis or hemorrhagic stroke demonstrated on computed tomography or magnetic resonance imaging) and peripheral vascular disease (occlusive or sub-occlusive arterial disease). CVE in patients with sepsis or hemorrhage were excluded. CVE, cardiovascular event, LT, liver transplant. Rubin A, et al. *Transpl Int.* 2013; 26:740–750.

Incidence of kidney dysfunction after Liver Transplantation

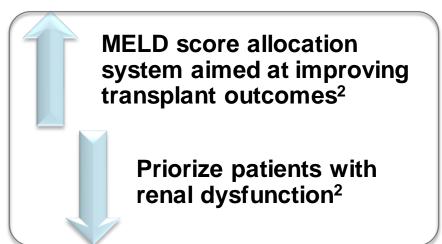
Severe renal dysfunction at 5 years, 2006-2012

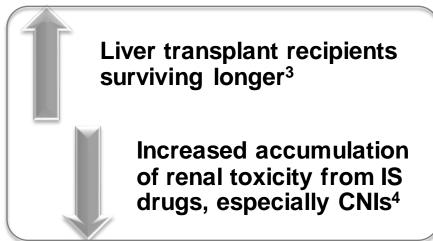
	No. of patients	GFR <30 mL/min/1.73m2	Dialysis, kidney tx
Ojo 2002, Cohen 2003	36,849	18%	5 - 10%
O'Riordan, 2006	230	9%	3%
Aberg, 2008	396	10%	2%
Sharma, 2009	221	22%	4%
Burra, 2009	233	3%	-
Karie-Guigues, 2009	1508	5%	1%
Ramachandran, 2010	130	8%	-
Martinez-Saldivar, 2012	921	5%	1%
Average, 2006-2012	3,639	7%	2%

O'Riordan, Nephrol Dial Transplant 2006. Burra, Dig Liver Dis 2009. Karie-Guigues, Liver Transpl 2009. Ramachandran, Transplant Proc 2010. Aberg, Clin Transplant 2008. Sharma, Liver Transpl 2009. Martinez-Saldivar, Transplantation 2012.

Increased Renal Toxicity in Liver Transplantation







CNI, calcineurin inhibitor; HCV, hepatitis C virus; IS, immunosuppressive; MELD, Model for End-stage Liver Disease.

1. Busuttil RW, et al. *Liver Transplant* 2003:9:651–662; 2. Sharma P, et al. *Liver Transpl* 2009;15:1142–1148; 3.US Organ Procurement and Transplantation Network and Scientific Registry of Transplant Recipients Annual Report 2011; Available at: http://srtr.transplant.hrsa.gov/annual_reports/2011/default.aspx, accessed Mar 2014; 4. Fabrizi F, et al. *Int J Artif Organs*. 2010;33:803–811.

Protecting kidney function at the time of transplant: Immunosuppression.

Calcineurine

Inhibitors

- -Optimize treatment at the time of transplant (Hemodynamic stability)
- -Avoid nephrotoxic drugs
- -Immunosuppression:
 - Diminish
 - Delay
 - Stop
 - Avoid

- Diminish, delay, stop or avoidCNIs may protect kidney function.
- Substitution options:

Mycophenolate

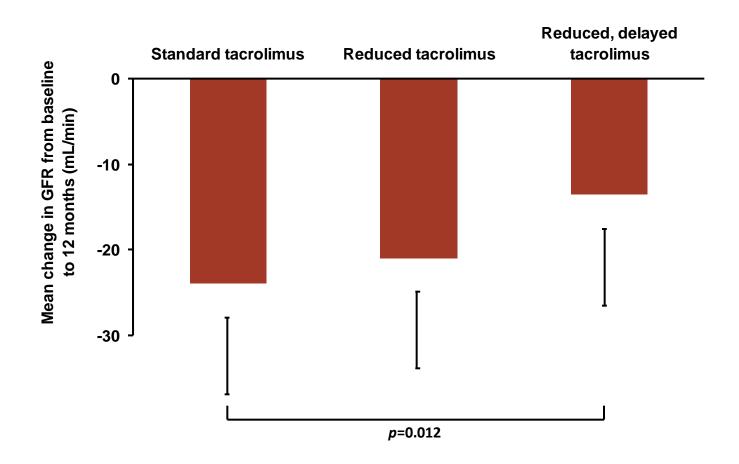
mTOR inhibitors

Everolimus*, sirolimus*

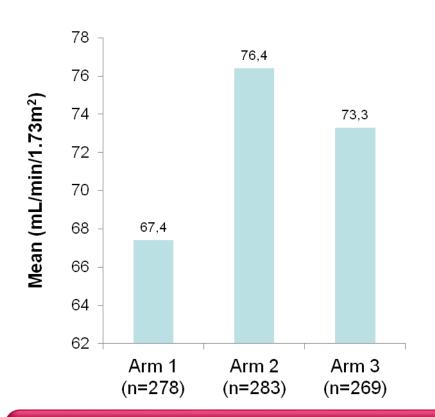
Biologic agents for induction or maintenance:

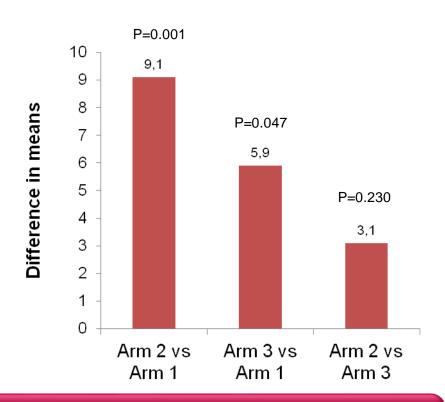
ATG, basiliximab*

ReSpECT study: prospective randomized trial of tacrolimus and/or MMF regimens in 517 de novo liver transplant recipients



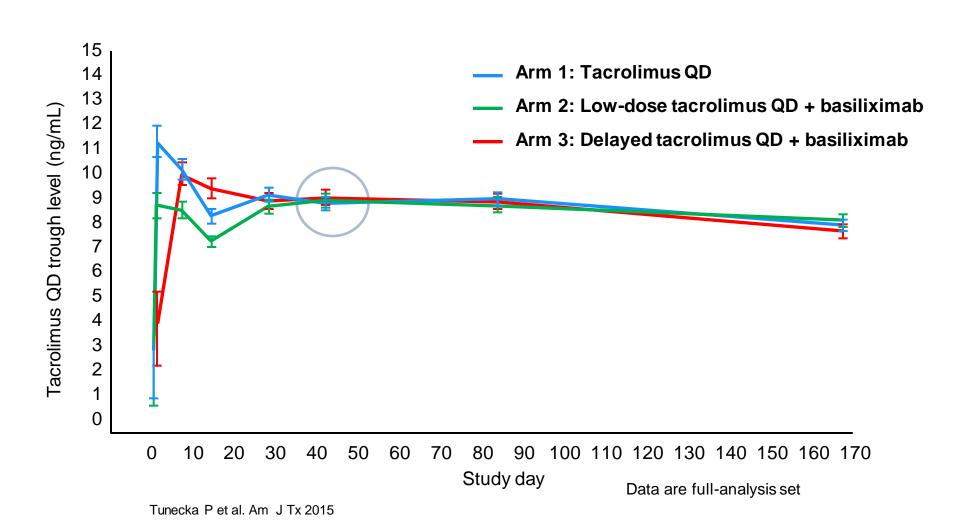
DIAMOND study Primary variable: eGFR (MDRD4) at Week 24





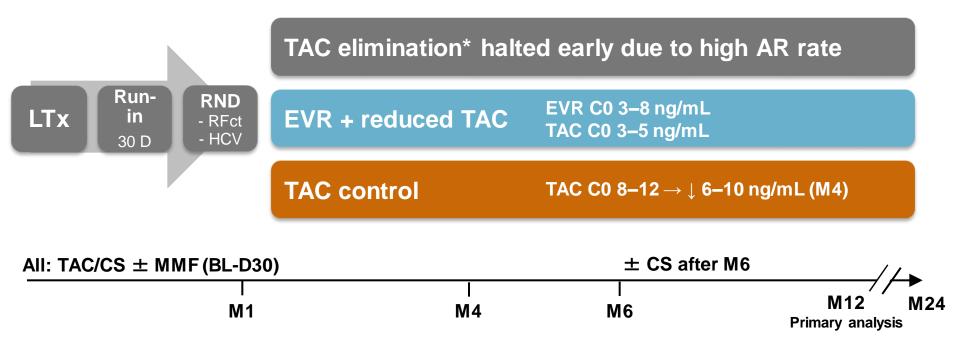
Arms 2 and 3 were associated with significantly improved renal function at Week 24 compared with Arm 1

DIAMOND study Tacrolimus QD exposure over 24 weeks of treatment



H2304: Pivotal trial - Study design

A multicenter, open-label, randomized, controlled study to evaluate the efficacy and safety of everolimus to eliminate or reduce tacrolimus in *de novo* liver transplant recipients



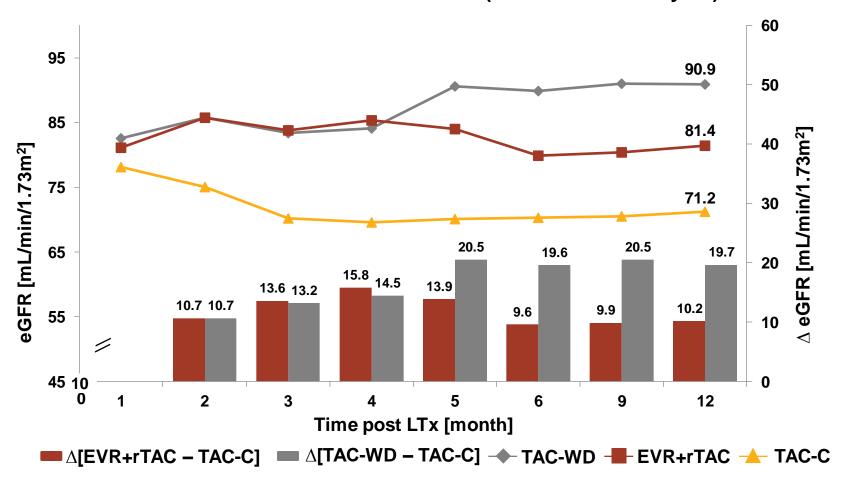
 Enrollment into TAC-WD arm was stopped due to higher rejection rates, and protocol was amended based on DMC recommendation (Apr-2010)

AR, acute rejection; BL, baseline; C0, concentration; CS, corticosteroids; D, day; DMC, data monitoring Committee; EVR, everolimus; HCV, hepatitis C virus; LTx, liver transplantation; M, month; MMF, mycophenolate mofetil; RFct, renal function; RND, randomization; TAC, tacrolimus; tacrolimus withdrawal. Saliba F, et al. *Am J Transplant*. 2013;13:1734–1745.

^{*} Off-label use

RAD 2304 Study: TAC vs TACr + Evero vs Evero

Evolution of renal function over time (on treatment analysis)



eGFR = estimated glomerular filtration rate; RND = randomization

P. De Simone et al. Am J Transpl 2012; 12: 3008–3020,

Steroid-free regimes: A meta-analysis of outcomes

	Effect estimated	p value	Favors group
Rejection:			
- ST not replaced	RR=0.75 [0.58, 0.98]	<0.05	Steroid
- ST replaced	RR=1.31 [1.09, 1.58]	<0.01	Non-steroid
CMV infection	RR=1.47 [0.99, 2.17]	<0.05	Non-steroid
De novo diabetes	RR=1.86 [1.43, 2.41]	<0.001	Non-steroid
Cholesterol levels	WMD=19.71 [13.7, 25.7]	<0.001	Non-steroid
HCV recurrence	RR=1.15 [1.01, 1.13]	<0.05	Non-steroid

No significant difference in:

- Infection, hypertension, renal dysfunction, neurologic complications, survival

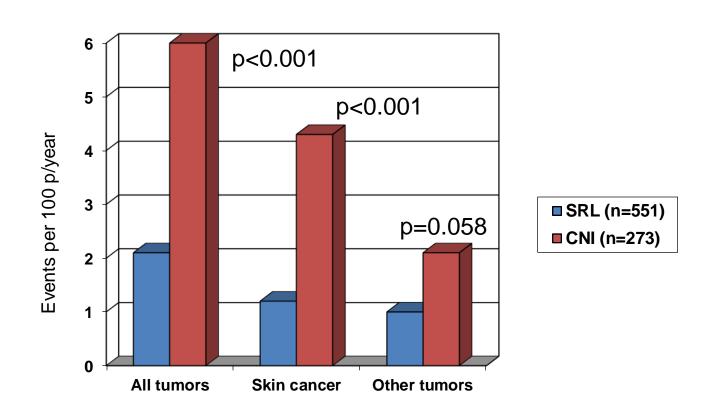
Sgourakis et al, Transpl Int 2009; 22: 892-905

IMMUNOSUPPRESSION AND HCV RECURRENCE

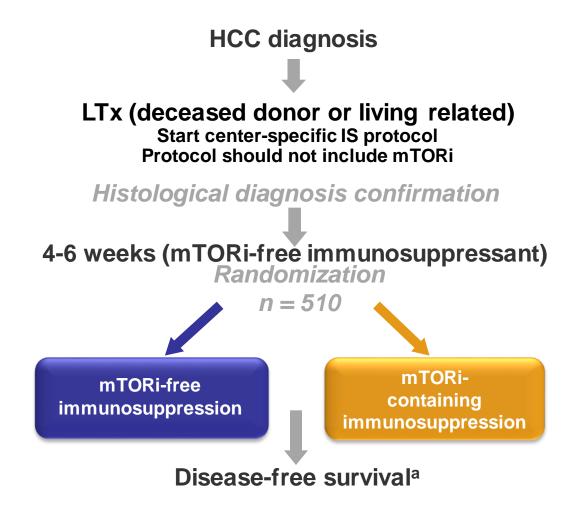
The role of steroids:

- Boluses (Wiesner, Liver Tr 2003)
- Maintenance: controversial, Fast vs Slow (Brillanti, Liver Tr 2002. Klintmalm, Liver Tr 2011. Neuhaus, J Transpl 2012)
- Ciclosporine vs. tacrolimus (Berenguer, Liver Tr 2011):
 - Progression of HCV recurrence.
 - Efficacy of classic antiviral treatment
- mTOR inhibitors, antifibrogenic effect. (Asthana, Can J Gastro 2011. McKenna, AJT 2011)
- New DAAs "The End"

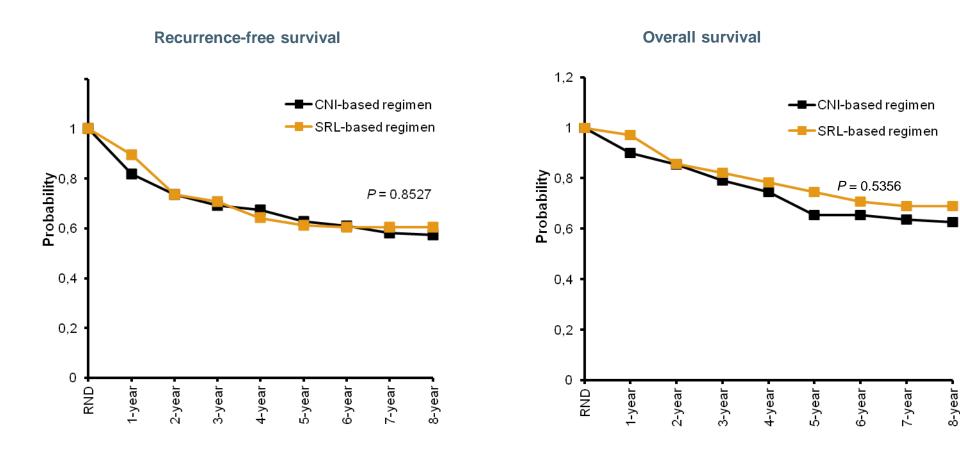
CONVERT STUDY: DE NOVO TUMORS IN KIDNEY TRANSPLANTATION



SiLVER: Trial Investigated SRL in Patients With HCC After LTx

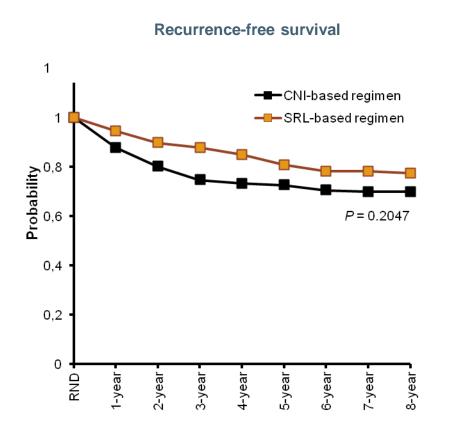


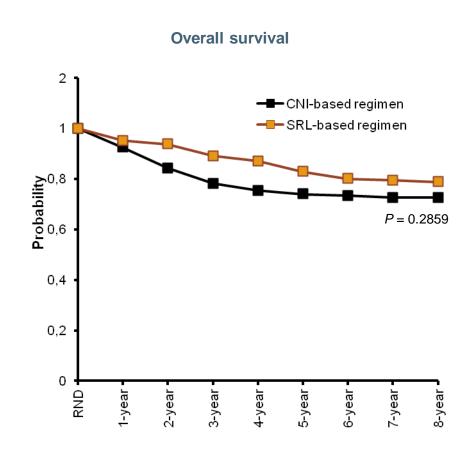
Improvement in survival with SRL was not observed in high-risk patients*



^{*}patients outside Milan criteria, without liver cirrhosis, or undergoing salvage LT CNI, calcineurin inhibitor; LT, liver transplantation; RND, randomization; SRL, sirolimus Geissler EK et al. *Transplantation* 2016:100:116-25

Survival rates were numerically higher with SRL in low-risk patients





CNI, calcineurin inhibitor; RND, randomization; SRL, sirolimus Geissler EK et al. *Transplantation* 2016;100:116-25

IMMUNOSUPPRESSION AND RISK OF RECURRENCE OF PRIMARY DISEASE

Primary Biliary Cirrhosis:

- CyA vs. Tacrolimus.

Selective immunosuppression with ciclosporin and preventive ursodeoxycholic acid?

Autoimmune Hepatitis:

- Protector role of steroids.

Primary Sclerosing Cholangitis:

Improved control of inflammatory bowel disease or even colectomy.

Neuberger, Liver Transplant 2004; Tripathi, Sem Liver Dis 2009; Montano-Loza AJ, Aliment Pharmacol Ther 2017 Feb;45(4):485-500

CONCLUSIONS

Malignancy and cardiovascular events as a consequence of the increase in the cardiovascular risk factors and kidney dysfunction, are the major long-term complications in liver transplantation.

It is possible to apply different immunosuppressive regimes aimed at reducing kidney dysfunction and some cardiovascular risk factors (steroids and diabetes).

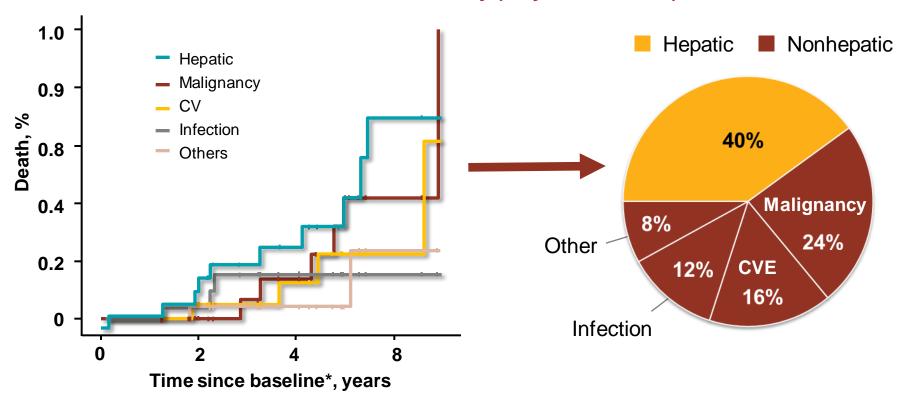
We do not have specific indications of immunosuppression for malignancy in liver transplantation.

Maintenance of steroids is recommended in transplanted patients with autoimmune hepatitis.

Causes of death in long-term liver transplant survivors

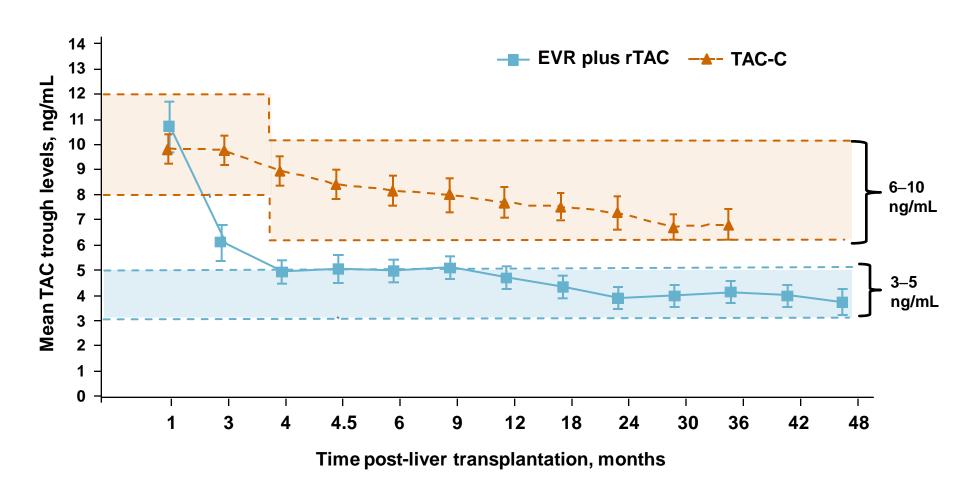
10 years post-transplant:167 (52%) alive

Causes of late mortality (10 years after LT)

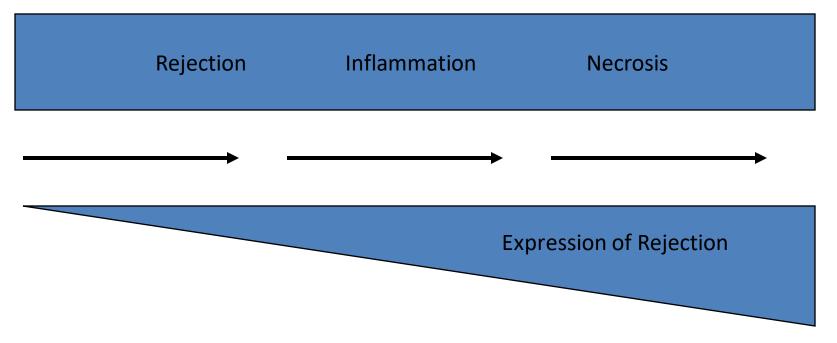


^{*}Patients surviving 10 years post-LT (n=158). Of the 167patients with a minimum survival of 10 years, nine additional cases were excluded because of lack of data (lost to follow-up), so that the final cohort comprised 158 LT recipients surviving beyond 10 years from transplantation. CV, cardiovascular; CVE, cardiovascular event; LT, liver transplantation. Rubin A, et al. *Transpl Int.* 2013;26:740–750.

Target TAC trough levels throughout extension phase



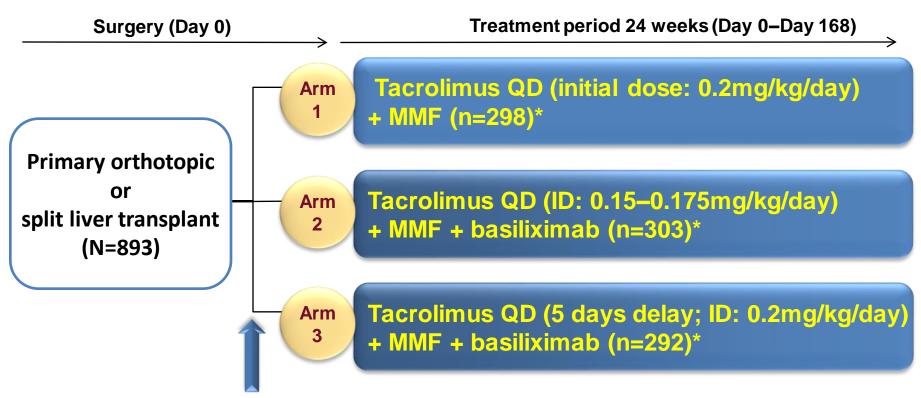
Diagnosis of Rejection



Immune Biomarkers
Serum/Urine Biomarkers
Imaging Biomarkers
Clinical Biomarkers
Biopsy

DIAMOND study design

Multicentre, randomised, open-label, parallel-group comparative Phase IIIb study



Randomisation 1:1:1 (stratified by HCV status of the patient)

- •*Omg to 1000mg IV bolus corticosteroid (pre-, intra-, or post-op) on Day 0
- Tunecka P et al. Am J T 2015